

Series: Unstuck**Sermon Topic:** Helping Out - Job 13:15 - Dr. Matt Cassidy

Introduction: In our 6th and final week of the "Unstuck" series, Matt referenced the life of Job to illustrate that getting "Unstuck" often starts with letting go of the lies we believe and assumptions we hold true that blind us in our knowledge of ourselves and the LORD.

Sermon Questions:

1. Read Job 13:15 several times and if possible using different translations. Job is making a couple assumptions with his statement. In the context of Job and in light of today's sermon, what assumptions do you think Job has made? Share your insights with your group.
2. Read Job 38:1-3 several times and if possible using different translations. Here the LORD is just getting started, He simply showed up; do you think Job is still desiring to "make his case"? Do you believe Job still holds to those same assumptions? What do you think he is thinking now? Share insights with your group.
3. Read the remainder of Job. Focus on Job's responses to the LORD in Job 40:3-5 and in Job 42:1-6. What has happened to Job? What changed that instead of "making a case" in God's presence that he simply confesses and is silent? Didn't Job have a case? Wasn't Job innocent? Then why a confession? Share your insights and thoughts with the group.
4. Replace Job with yourself and his wall with yours. What assumptions did you have that needed to be let go in order to get through the Wall? How did the LORD reveal Himself and challenge those assumptions? What was your response to the LORD? Do you still hold to those assumptions?
5. Matt gave us 3 suggestions to helping ourselves and/or others at the "Wall": 1) Being Truly Honest, 2) Muscle Confusion, 3) Community with Purpose. For those that have been through the "Wall", share how each of these were used to help get you "Unstuck".
6. If you haven't already done so, take the Monvee assessment. Go to www.monvee.com; click "Login" and then "Are You New To Monvee?" Set up your account using Grace Covenant Church ID: **C1065429**. Complete assessment.
7. Begin or continue taking turns sharing your assessment results with your group. What is your learning preference; your spiritual pathway and your personality type. What inhibitors does your personality type struggle with? Do you agree or disagree with the results? How so specifically? Does might this assessment aid you in getting "unstuck"?

Study Questions: (Chapters 9: Emotional Healthy Spirituality)

1. Chapter 9 has a quote on pg. 175 that states, "Love in practice is a harsh and dreadful thing compared to love in dreams." It takes being emotionally maturity to "love in practice"". Review the summaries of emotional maturity on pgs. 178-9 and share where you scored with your group. What areas can they encourage

you to grow in and help you to "love in practice"?