

# THE TWELVE STEPS

## and their Biblical principles

1. We admitted we were powerless over our addictions and compulsive behaviors—that our lives had become unmanageable.  
I know that nothing good lives in me, that is, in my sinful nature. For I have the desire to do what is good, but I cannot carry it out. (Rom. 7:18)
2. We came to believe that a Power greater than ourselves could restore us to sanity. For it is God who works in you to will and to act according to His good purpose. (Philippians 2:13)
3. We made a decision to turn our lives and our wills over to the care of God. Therefore, I urge you, brothers, in view of God's mercy, to offer your bodies as living sacrifices, holy and pleasing to God—this is your spiritual act of worship. (Romans 12:1)
4. We made a searching and fearless moral inventory of ourselves. Let us examine our ways and test them, and let us return to the Lord. (Lamentations 3:40)
5. We admitted to God, to ourselves and to another human being the exact nature of our wrongs. Therefore confess your sins to each other and pray for each other so that you may be healed. (James 5:16)
6. We were entirely ready to have God remove all these defects of character. Humble yourselves before the Lord, and He will lift you up. (James 4:10)
7. We humbly asked Him to remove our shortcomings. If we confess our sins, He is faithful and just and will forgive us our sins and purify us from all unrighteousness. (1 John 1:9)
8. We made a list of all persons we had harmed and became willing to make amends to them all. Do to others, as you would have them do to you. (Luke 6:31)
9. We made direct amends to such people wherever possible, except when to do so would injure them or others. Therefore, if you are offering your gift at the altar and there remember that your brother has something against you, leave your gift there in front of the altar. First go and be reconciled to your brother; then come and offer your gift. (Matthew 5:23-24)
10. We continued to take personal inventory and when we were wrong promptly admitted it. So, if you think you are standing firm, be careful that you don't fall. (1 Corinthians 10:12)
11. We sought through prayer and meditation to improve our conscious contact with God, praying only for knowledge of His will for us and the power to carry that out. Let the word of Christ dwell in you richly. (Colossians 3:16)
12. Having had a spiritual experience as the result of these steps, we tried to carry this message to others and to practice these principles in all our affairs. Brothers, if someone is caught in a sin, you who are spiritual should restore him gently. But watch yourselves, or you also may be tempted. (Galatians 6:1)

grace covenant church

# CELEBRATE RECOVERY

*a Christ centered  
twelve step  
program*



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## CELEBRATE RECOVERY PURPOSE

The purpose of Grace Covenant Church's "Celebrate Recovery" is to fellowship and celebrate God's healing power in our lives through the 12 Steps and 8 Recovery Principles. This experience allows us to be changed. We open the door by sharing our experiences, strengths and hopes with one another. In addition, we become willing to accept God's grace in solving our lives' problems. By working and applying these Biblical principles, we begin to grow spiritually. We become free from our addictive, compulsive, and dysfunctional behaviors. This freedom creates peace, serenity, joy and most importantly, a stronger personal relationship with God and others. As we progress through the program we discover our personal, loving and forgiving Higher Power – Jesus Christ.

Welcome to an Amazing Spiritual Adventure!

## SCHEDULE

6:30-7:00 pm Dinner	Enjoy dinner, for those who want to come early
7:00-8:00 pm Large Group Session	Lesson, Personal Testimony or Special Guest Speaker
8:00-9:00 pm Open Share Small Groups	Men's and Women's Groups (Issue Specific)
9:00-10:00 pm Holy Grounds Café	Great Fellowship, Great Coffee, Great Desserts

### Are you a first time visitor?

- Want to know how to get plugged in?
- What group is best for you?
- How do you get started?

### We've got the place for you!

### NEWCOMERS 101

Meets every Thursday night during small group time. If you are new to Celebrate Recovery, have questions or just need to get connected, this is the group for you!

## SMALL GROUP GUIDELINES

1. Keep your sharing focused on your own thoughts and feelings. Please limit your sharing to 3-5 minutes.
2. There will be no cross talk, please. Cross talk is when 2 individuals engage in a dialogue, excluding all others. Each person is free to express their feelings without interruption.
3. We are here to support one another. We will not attempt to "fix" one another.
4. Anonymity and confidentiality are basic requirements. What is shared in the group stays in the group! The only exception is when someone threatens to injure themselves or others.
5. Offensive language has no place in a Christ-centered recovery group, including no graphic descriptions.

## THE ROAD TO RECOVERY

8 Recovery Principles, based on the Beatitudes, by Rick Warren

Realize I'm not God. I admit that I am powerless to control my tendency to do the wrong thing and that my life is unmanageable.

**Happy are those who know they are spiritually poor. (Matthew 5:3)**

Earnestly believe that God exists, that I matter to him, and that he has the power to help me recover.

**Happy are those who mourn, for they shall be comforted. (Matthew 5:4)**

Consciously choose to commit all my life and will to Christ's care and control.

**Happy are the meek. (Matthew 5:5)**

Openly examine and confess my faults to God, to myself, and to another person whom I trust.

**Happy are the pure in heart. (Matthew 5:8)**

Voluntarily submit to any and all changes God wants to make in my life and humbly ask Him to remove my character defects.

**Happy are those whose greatest desire is to do what God requires. (Matthew 5:6)**

Evaluate all my relationships. Offer forgiveness to those who have hurt me and make amends for harm I've done to others, except when to do so would harm them or others.

**Happy are the merciful. (Matthew 5:7)**

**Happy are the peacemakers. (Matthew 5:9)**

Reserve a daily time with God for prayer, Bible reading, and self-examination in order to know God and his will for my life and to gain the power to follow his will.

Yield myself to be used by God to bring this Good News to others, both by my example and by my words.

**Happy are those who are persecuted because they do what God requires. (Matthew 5:10)**

## THE SERENITY PRAYER

God grant me the Serenity to accept the things I cannot change, courage to change the things I can and the wisdom to know the difference. Living one day at a time, enjoying one moment at a time, accepting hardship as the pathway to peace; taking, as Jesus did, this sinful world as it is, not as I would have it; trusting that you will make all things right if I surrender to your will; so that I may be reasonably happy in this life, and supremely happy with you forever in the next.  
**AMEN.**

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