



Goodness is an expression of love to others by doing good; using your own resources to relieve their need and seeking their welfare in every possible way. Works are an expression of goodness in three ways: First, they are done according to right standards according to biblical Truth. Second, they are done with right motives – love for God and others and gratitude for God's grace. Finally, they are done with right purpose – God's glory.

Personal Reflection: Does your life reflect the goodness of God? Do you desire to see others experience God's goodness through you?



"In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven."





- What do you learn about God in this passage?
- In what ways do you see the Fruit of Goodness demonstrated in the life of Jesus?
- What has been the impact on others when you choose not to do good in a situation? How might it have been different if you made a different choice?
- What changes (thoughts, beliefs or actions) might God be calling you to make?





Jesus spoke in Matthew 13 of different types of soil. God wants us to till the soil of our hearts so that we would be receptive to the seed of his Word and bear fruit. Before digging into Scripture, prepare your heart by asking the Holy Spirit to help your heart receive and respond to His Word.





Read the Scripture passage. Feel free to mark up the passage, highlighting key words or phrases.

MEDITATE & MEMORIZE: Choose a key verse that the Holy Spirit reveals to you and record it below. Commit to memorizing it and spend time this week meditating on it. Ask the Holy Spirit to show you the quality of goodness in your life. Consider recent examples. Where did you feel like the Spirit was helping you live this out, rather than times when you allowed your natural, sinful nature to take over?

Matthew 3:8 says, "Produce fruit in keeping with repentance." Is God showing you any areas where pruning is necessary so that you can bear more fruit?



- Galatians 6:9 says, "Let us not lose heart in doing good, for in due time we will reap if we do
 not grow weary." Read 1 Peter 3. How do these passages encourage you to not grow weary in
 doing good?
- Take time to pause, reflect and pray. How can you nurture the characteristic of goodness in your life and then live it by doing good works?



We find various stories in the Bible illustrating these virtues at work in people's lives. Most importantly, these virtues were perfectly displayed in Jesus' life. Your personal story is also important, and it's a testimony to those around you. Reflect back on the quality of goodness in your life and note any changes that the Holy Spirit revealed to you throughout the week. Was anything convicting? Did you make any changes or take any action steps in obedience to the Spirit? How will you be different as a result?









